



# Instruction

## Jax Jones

ft. Demi Lovato & Stefflon Don



**Level: Intermediate**

**Choreographer: Michael Becker**

**Duration: 2:45**  
**BPM: 121**

Sequence as follows

### Intro (10B)

Wait 8B after "All my Ladies"

### Part A (32B)

JJ DS TCH(xib) DS(ots) TCH(xib) DS DT BO p HOP RS  
 L R (1/4R) R (1/4L) L (1/4L) L R both (1/4L) L RL  
 R L (1/4L) L (1/4R) R (1/4R) R L both (1/4R) R LR  
 &1 2 &3 4 &5 & 6 & 7 &8

Arms: On Beat 2, L arm on hip, R arm forms "L" with fist pointing up  
 On Beat 4, R arm on hip, L arm forms "L" with fist pointing up  
 On Beat 6, jump down

2 Basketball S(if) PVT S DS RS  
 & Basic R PVT (1/2 L) L R LR Beat 1: Both arms straight front  
 L PVT (1/2 R) R L RL Beat 1: Both arms up like "V"  
 1 & 2 &3 &4

Repeat all above once with opposite footwork & arms (JJ) to face front again

### Part B (32B)

4 Bonanza Slur DS DS(xif) DT(b) H DT(b) H DS(xib) R(ots) S(xif) S SLR S  
 L R L R L R L R L R L L R L L  
 R L R L R L L R L R L R R  
 &1 &2 & 3 & 4 &5 & 6 7 & 8

### Part C (16B)

Diana Ross STO p DS RS JMP (ots) TCH p DS RS  
 L R LR L R R LR  
 1 2 &3 &4 & 5 &7 &8

3 Quick Rock Slur R H(w/ots) SLR S(ib)  
 L R L L  
 R L R R  
 & 1 & 2

Arms: Both arms form an upward "L" and punch down twice to a downward "L" to the beat of the drum

Basic

Repeat Part A JJ; 2 Basketball & Basic; Repeat  
 Repeat Part B 4 Bonanza Slur  
 Repeat Part C Diana Ross; 3 Quick Rock Slur; Basic  
 Repeat Part A JJ; 2 Basketball & Basic; Repeat

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## Break (48B)

Slow Rock Slur      R H(w/ots) SLR S(ib)  
L R                    L L  
R L                    R R  
& 1                    & 4

Triple turn 2/3R

### Repeat all above 2x

2 Double Lick      DS DT UP/H DT UP/H RS  
L R    R L R    R L RL  
R L    L R L    L R LR  
&1 &    2 &    3 &4

McNamara            H(ots) BA BA(xib) BA(ots) H(ots) BA S(xib)  
L            L R            L            R    R L  
R            R L            R            L    L R  
1            & 2            &            3            & 4

Triple turn 1/2

### Repeat McNamara & Triple Lick once to face front again

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Repeat Part C      Diana Ross; 3 Quick Rock Slur; Basic  
Repeat Part A      JJ; 2 Basketball & Basic; Repeat

**No arms here!**

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## Part E

Slipping Vine      DS SL S(xib) DS(xif) DS DS SL S(xib) DS RS  
L L R            L            R L L R            L RL  
R R L            R            L R R L            R LR  
&1 & 2            &3            &4 &5 & 6            &7 &8

High Horse        DS DT(xif) H DT(unx) H RS BA/H UP/SL DS DS RS  
L R            L R            L RL R L L R L R LR  
R L            R L            R LR L R R L R L RL  
&1 &            2 &            3 &4            &            5            &6 &7 &8

### Repeat once with opposite footwork

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## End

Quick Step        S  
                     &